

CHECK IN STORE FOR MORE SPECIALS

SWANSON'S FARM MARKET

California
RED SEEDLESS GRAPES
\$1.69
 Lb.

Super Sweet
HONEYCRISP APPLES
\$1.49
 Lb.

Dole
CRISP CELERY
99¢
 Each

Dole
ROMAINE HEARTS
2 FOR \$5
 3 Ct. Pkg.

Dole
SNOW WHITE CAULIFLOWER
\$2.69
 Each

Dole
COLESLAW BLEND SALAD MIX
99¢
 14 Oz. Bag

ADAM'S MEAT MARKET

80% Lean
FAMILY PACK FRESH GROUND BEEF
\$2.49
 Lb.

Prairie Fresh
WHOLE BONELESS PORK LOIN
\$1.88
 Lb.

Prairie Fresh
BONELESS PORK LOIN CHOPS OR ROAST
\$1.99
 Lb.

Certified Angus Beef
T-BONE STEAKS
\$6.99
 Lb.

Certified Angus Beef
BONELESS CHUCK ROAST OR STEAK
\$4.49
 Lb.

Certified Angus Beef
BONELESS BEEF STEW MEAT
\$4.29
 Lb.

Hormel
BABY BACK PORK RIBS
\$2.99
 Lb.

Hormel
MARINATED PORK TENDERLOINS
\$6.99
 1.15 Lb. Pkg.

LUNCH /DINNER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Chicken Tenders w/ 2 Sides & Dinner Roll	Country Fried Beef Steak w/ 2 Sides & Dinner Roll	Turkey Roll-Up w/ 2 Sides & Dinner Roll	General Tso's Chicken over Rice w/ Veggie & Dinner Roll	Baked Cod or Shrimp Dinner w/ 2 Sides & Dinner Roll	Hot Beef Dinner w/ 1 Side and Dinner Roll	Baked Ham Dinner w/ 2 Sides and Dinner Roll

ONLY \$5.99

Hillshire Farms
DELI SLICED LUNCHEATS
2 FOR \$7
 7-9 Oz. Tub

Sugardale
SLICED BACON
\$4.49
 16 Oz. Pkg.

CHECK US OUT ON-LINE @ WWW.LAKEWOODSUPERVALU.COM

See our weekly specials, print & cut coupons, or shop on-line to pick up in the store!

THIELKE DAIRY

Chobani
GREEK YOGURT
10 FOR \$10
 5.3 Oz. Cup

Minute Maid
PURE SQUEEZED ORANGE JUICE
2 FOR \$5
 52 Oz. Btl.

Silk
SOY, ALMOND, OR CASHEW MILK
2 FOR \$6
 64 Oz. Ctn.

Essential Everyday
SOUR CREAM
2 FOR \$3
 16 Oz. Tub

Essential Everyday
ENGLISH MUFFINS
10 FOR \$10
 6 Ct. Pkg.

BLUE OX DELI

Deli Sliced
BOILED DELI HAM
\$3.99
 Lb.

Babe's
"HOT & READY" CHICKEN TENDERS
\$6.99
 Lb.

LUMBERJACK BAKERY

Fresh Baked
WHEAT OR CRACKED WHEAT BREAD
\$1.99
 16 Oz. Loaf

Bakery Fresh
SUGAR COOKIES
\$2.99
 12 Ct. Pkg.

CHECK IN STORE FOR MORE SPECIALS!

GROCERY

Hunt's
MANWICH MIX
10 FOR \$10
 15-16 Oz. Can

Hunt's
PASTA SAUCE
10 FOR \$10
 24 Oz. Can

Chef Boyardee
PASTA WITH MEAT
10 FOR \$10
 14-15 Oz. Can

Campbell's
CHUNKY OR HOMESTYLE SOUPS
3 FOR \$5
 18.6-19 Oz. Can

Hunt's
SNACK PACK PUDDING OR GELS
10 FOR \$10
 4 Ct. Pkg.

Kraft
MINI MARSHMALLOWS
10 FOR \$10
 10 Oz. Bag

Starkist
2.6 OZ. POUCH LIGHT TUNA OR 5 OZ. CAN TUNA HALVES
10 FOR \$10

Cremette or Ronzoni
PASTA
10 FOR \$10
 12-16 Oz. Box

Prego
PASTA SAUCE
\$1.99
 14.5-24 Oz. Jar

Essential Everyday
CANNED VEGETABLES
5 FOR \$3
 14.5-15.25 Oz. Can

Essential Everyday
PIECES & STEMS MUSHROOMS
5 FOR \$3
 4 Oz. Can

Doritos
TORTILLA CHIPS
2 FOR \$5.50
 10-11 Oz. Bag

Quaker
CHEWY GRANOLA BARS
2 FOR \$5
 6.7 Oz. Box

Maxwell House
COFFEE
\$4.99
 24.5-30.6 Oz. Can

Heinz
KETCHUP
2 FOR \$5
 38 Oz. Btl.

Essential Everyday
AWESOME PAPER TOWEL
\$4.99
 8 Roll Pkg.

ISAACSON'S ICE HOUSE

Weight Watcher's
SMART ONES FROZEN ENTREES
8 FOR \$10
 5-11 Oz. Box

Ory's
TASTY TOPPING PIZZAS
4 FOR \$9
 12"

Culinary Circle
GELATO
2 FOR \$5
 1 Pint

Banquet
MEGA POT PIES
2 FOR \$5
 14 Oz. Box

Ore-Ida
FROZEN POTATOES
2 FOR \$5
 16-32 Oz. Bag

SPECIALS FOR THE MONTH OF JANUARY

MONDAY MADNESS
 Babe's
WHOLE ROTISSERIE CHICKENS
\$5.99
 Each
 Limit 1 Per Customer!

TUESDAY'S TREASURE
 Bakery Fresh
ANGEL FOOD CAKE
99¢
 5 Oz. Pkg.

WOW! WEDNESDAY
 Adam's
BULK ITALIAN SAUSAGE OR PORK SAUSAGE
\$1.99
 Lb.

THRIFTY THURSDAY
 Reddi Whip
WHIPPED TOPPING
2 FOR \$4
 6.5 Oz. Can

PERCY'S PLACE

Coca Cola
PRODUCTS
2 FOR \$10
 24 Pk. Cans

Dasani
WATER
\$5.49
 24 Pk. .5 Ltr. Btls.

Miller
HIGH LIFE BEER
\$16.99
 30 Pk. Cans

Pabst
Blue Ribbon BEER
\$16.99
 30 Pk. Cans

Pabst Blue Ribbon
BEER
\$16.99
 30 Pk. Cans

Tanqueray
GIN
\$27.99
 1 Ltr. Btl.

ONE DAY MEAT SALE

Wednesday, January 9th

WHILE SUPPLIES LAST • 8AM - 5PM • **YOU PURCHASE A WHOLE PRIME AND DAN "THE MEAT MAN" WILL CUT IT UP EXACTLY HOW YOU WANT IT!! PACKAGED HOW YOU WANT IT!! NO WASTE--YOU GET THE TRIM IN BURGER!!



85% Lean
**FAMILY
PACK FRESH
GROUND
CHUCK**
\$2.49 lb.



Certified Angus Beef
**BONELESS
RIBEYE
STEAKS**
\$8.99 lb.



Certified Angus Beef
**BONE-IN
NEW YORK
STRIP STEAKS**
\$5.99 lb.



Prairie Fresh
**WHOLE
BONELESS
PORK LOINS**
\$1.69 lb.



Prairie Fresh
**FAMILY PACK
COUNTRY STYLE
PORK RIBS**
\$1.29 lb.



Prairie Fresh
**VALU PACK
PORK
CHOPS**
\$1.49 lb.



US Inspected
**WHOLE
BEEF
TENDERLOINS**
\$5.99 lb.



Applewood
Smoked
**SLICED SLAB
BACON**
\$11.99 5 lb. box



Certified Angus Beef
**BONELESS
BOTTOM
ROUND STEAK
OR RUMP ROAST**
\$2.99 lb.



Individually
Quick Frozen
**WHOLE
TURKEY
BREASTS**
\$1.29 lb.



Essential Everyday
**INDIVIDUALLY
QUICK FROZEN
BONELESS/SKINLESS
CHICKEN BREASTS**
2/\$8 3 lb. bag



Cher-Make
Selected Varieties
**SUMMER
SAUSAGE**
\$5.99 20 oz. stick



**LAKWOOD
SUPERVALU**